

# SENSORY ATTACHMENT INTERVENTION CONSULTANCY

[www.sensoryattachmentintervention.com](http://www.sensoryattachmentintervention.com)



A TRAUMA INFORMED APPROACH  
TO POSTURAL CONTROL  
AND PRAXIS

**Fee:** £800 no VAT

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## COURSE OVERVIEW

This four-day course will look at the impact of attachment patterns and developmental trauma on the development of postural control and praxis. It will also consider the impact of sensory processing difficulties on the sense of self and sense of wellbeing. The focus of the course will be on how attachment trauma affects regulation of muscle tone, and the capacity to self-organise. It will demonstrate how muscle tone can act as a barometer for stress levels. The course will look at the background history and research into the adaptation of Ayres' Clinical Observations and how to administer, score and interpret the findings.

### Learning Outcomes

- ◇ How to administer and score the SAI Trauma Informed Clinical Observations.
- ◇ How to recognise when muscle tone is affected by ANS stress responses or is strategic (attachment behaviour).
- ◇ The development of Postural Control and Praxis
- ◇ SAI assessment and intervention principles.

A Certificate of Attendance is issued on completion of the course.

### Certificate of Competency

On completion of the course, participants can complete a Case Study to obtain a Certificate of Competency in administering the Trauma Informed Clinical Observations. The Certificate of Competency is not mandatory, but provides opportunity to receive feedback on your administration and scoring and to ensure you are adhering to SAI standards. To receive your certificate you must submit the case study within twelve months of attending the course. Additional workshops and/or supervision are available to provide support with this. There is an additional cost for these and for certification - please see Requirements For Clinical Observations Case Study document which outlines all Certification requirements and the current costs.

If you wish to proceed with your Level 1 Therapist Certification, you will have to complete the Certificate of Competency for this module before applying.

# TIMETABLE

DAILY TIME TABLE: 9.00AM TO 4.30PM  
LOG INTO ZOOM ROOM 8.55AM

## DAY 1: SAI TRAUMA INFORMED CLINICAL OBSERVATIONS

- 9.00** Background History & Research.  
Administration of SAI Trauma Informed Clinical Observations.
- 11.00** Break.
- 11.30** Administration of SAI Trauma Informed Clinical Observations continued.
- 1.00** Lunch Break.
- 1.45** Administration of SAI Trauma Informed Clinical Observations continued.
- 3.00** Break.
- 3.30** Administration of SAI Trauma Informed Clinical Observations continued.
- 4.30** Finish.

## DAY 2: SAI TRAUMA INFORMED CLINICAL OBSERVATIONS

- 9.00** Case Studies: Scoring and Analysis.
- 11.00** Break.
- 11.30** Case Studies: Scoring and Analysis.
- 1.00** Lunch Break.
- 1.45** Case Studies: Scoring and Analysis.
- 3.00** Break.
- 3.30** Discussion.  
Case Study Requirements for SAI Certificate of Competency.
- 4.30** Finish.

## DAY 3: POSTURAL CONTROL & ATTACHMENT

- 9.00** Clinical Observations Scoring Practice.
- 10.30** Autonomic Nervous System & Postural Control.
- 11.00** Break.
- 11.30** Postural Control:  
An Overview.  
Gravitational Security & Gravitation Pull.  
Developmental Sequence of Postural Control.  
SAI Model of the sensory systems and their contribution to a sense of self, other and the environment.  
Postural Insecurity.  
Gravitational Insecurity.
- 1.00** Lunch Break.
- 1.45** Intervention.  
Group Practical.
- 3.00** Break.
- 3.30** Attachment & Postural Control.
- 4.30** Finish.

## DAY 4: PRAXIS & ATTACHMENT

- 9.00** Ideation.  
Motor Planning.  
The role of Sensation in Praxis and in the Attachment Relationship.  
Enabling Adaptive Behaviour.  
Spatial Temporal Organisation.  
Stern: The Nature of an Organised Self.  
Ayres: Selfhood.
- 11.00** Break.
- 11.30** Assessment of Praxis.  
Disorders of Praxis.
- 1.00** Lunch Break.
- 1.45** Praxis, Implications for Occupational Performance and Mental Health.  
Praxis and Attachment.
- 3.00** Break.
- 3.30** Intervention.
- 4.30** Finish.