

SENSORY ATTACHMENT INTERVENTION CONSULTANCY

www.sensoryattachmentintervention.com



A TRAUMA INFORMED APPROACH
TO TOUCH

Fee: £400 no VAT

To book contact: traininginsai@gmail.com

COURSE OVERVIEW

This two-day course will consider the impact of sensory trauma on attachment relationships and how attachment experiences influence our perception of touch and disposition to respond. It will look at the role of touch in parent-child and in adult attachment relationships. SI theory and its perception of behavioural responsiveness to touch will be reviewed. Assessment and intervention will be considered from attachment, sensory processing and trauma informed perspectives.

Video examples will be shown to illustrate assessment and intervention methods.

Learning Outcomes

On this course you will learn about:

- ◇ Dispositional representations of touch from an SI and an attachment perspective.
- ◇ The Tactile System, current views on its function and neurophysiological underpinnings.
- ◇ The role of affective touch in childhood and in adult attachment relationships.
- ◇ Facilitating affective touch in Parent Child relationships.
- ◇ The SAI approach to assessment and intervention.
- ◇ Observations of Arousal Coding.
- ◇ SAI Assessment and Intervention.

TIMETABLE

DAY 1: THEORY AND BACKGROUND HISTORY

- 9.00** From SI Theory to SAI Theory.
An historical review of the tactile system.
- 10.00** The Tactile System.
- 11.00** Break.
- 11.30** Affective Touch.
The role of touch in parent child bonding.
- 12.15** Video of Mother-Child Case Study: Enabling Affective Touch.
- 1.00** Lunch.
- 1.45** Our Dispositional Representations of Touch.
The Impact of Sensory Trauma and Attachment Patterns.
- 2.45** Break.
- 3.15** Video Illustrations.
- 4.30** Finish.

DAY 2: VIDEO ANALYSIS & TREATMENT

- 9.00** Review and Questions.
- 9.15** Clinical Assessment of Touch.
Review of SI Assessments.
Tactile Section of the SAAP and use of the SAI Impact Chart to assist clinical formulation.
SAI Therapeutic Principles.
Video Analysis.
- 11.00** Break.
- 11.30** Observations of Arousal.
Video: Use of Observations of Arousal Coding to assist differential diagnosis. Is it Sensory or is it Attachment?
SAI Case Study: Assessment & Treatment Process.
- 1.00** Lunch.
- 1.45** Case Study continued.
- 2.45** Break.
- 3.15** SAI Case Study continues.
- 4.00** SAI Tactile Model, Bringing it all together.
- 4.15** Case Study Requirements for Certification.
- 4.30** Finish.